

Managing Strong Feelings

A **FREE** workshop in
HEMEL HEMPSTEAD

For parents & carers in DACORUM



**for Mums, Dads &
Carers**

**For Parents and Carers of Primary
& Secondary age children**

The workshop will cover:

- * The link between Feelings, Thoughts & Behaviour
- * Understanding the context of a child's behaviour
- * Ideas for dealing with behaviour



**Tuesday 13th March 2018
4.00pm - 6.30pm**

**Gade Community Room,
Chaulden Junior School,
School Row, Hemel
Hempstead, HP1 2JU**



**To book your FREE place please contact
Sue:**

Sue@familiesfeelingsafe.co.uk

Or Tel: 07531 247657

* Please quote the date of the workshop you are booking

